

SRCS *** TRAIL

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From the Editor's Desk

On the last day of this semester, our Headmistress gave a talk at the morning assembly. She spoke of how, with every passing semester, one learns new things. Her reference was not only to the students at SRCS but the teachers as well. She said that, being a teacher herself, she too learns much from her students each day.

I spent the whole day thinking about all the lessons SRCS has taught me this semester, and the list was endless. The lessons and myriad experiences one goes through the course of the year at SRCS, leave a lasting impression, and I am thankful for them. Personally, the experience gained at SRCS has moulded me into a more resilient human being. In order to get a wider and more meaningful perspective of life one has to dare to face the challenges and grab the opportunities which come your way. I do feel bad on losing but there are things which can be achieved only on losing. You rediscover yourself. Winning at times also creates more stress as the expectations are higher.

Another wonderful academic year comes to an end. Now we wait impatiently for our new session, ready to make new friends, shift into new classrooms, learn new lessons and make new memories. See you all in the next session!

Tanya Bedi (X-A)

Howzatt!

The Annual Inter House Cricket tournament began with great expectations on the 29th of February, 2016. The first match took place between Griffin and Sphinx House. Griffin lost in the first match, but made its way to the finals by defeating the other houses. Sphinx House was the second finalist. Griffin and Sphinx Houses reached the finals. Griffin House started off with new vigour and strategy. They knew they had to settle the score with Sphinx House. After a nail biting match, Griffin House stood victorious. Griffin House showed mighty improvement from their last year's performance. They emerged champions of the Inter House Cricket Tournament this year, followed by Sphinx, Unicorn then Phoenix.

Manan Gusain (Griffin House) was awarded the Best Batsman, Divyam Juneja (Griffin House) was adjudged the Best Bowler, Sai Girdar (Sphinx House) got the Best Fielder's award and Amarveer Singh (Sphinx House) was declared the best wicket keeper for the tournament. This tournament showed immense improvements in performances of the teams. Well done!

Utkarsh Gupta and Divyam Juneja



Colours

Wow, I love colours! It was the day when my friends and I were told to make Holi greeting cards for our family. We chose our own designs and drew whatever came to our minds regarding Holi. I made a card for my father. During this class, not only did we help each other but also enjoyed playing with colours.

We also made thread paintings in which we dipped the thread and shook the bowls so that the thread absorbed the colour which were then used to make patterns. All of us had fun doing this activity.

Agasthya Jain



À La Mode

On the 5th of March classes 8 and 10 attended a workshop conducted by Mrs. Suri. Ma'am is an expert in guiding people regarding the correct dressing sense. She told us about how one could actually look tall, short, fat and slim just by changing the way we dress. The main point she stressed upon was never to copy anyone but rather to get inspired and make one's own style so that one becomes confident in whatever one does. The point is we will just be ourselves but dressing right will make it easy to carry ourselves. It was an interesting workshop as the youth of today have a dressing sense which sometimes doesn't suit one.

Shreshtha Mehta



Teasing the rebuttal

On 9th March, 2016, the Second Inter House English Debate was held at SRCS. The topic for the debate was 'Teasing is kids just being kids.' The judges for the debate were Mrs. Natascha Nandi Bathla and Mr. Rajiv Chawla. Two speakers from each house came up to speak, one for and the other against the motion. I participated from my House and spoke for the motion. Each speaker was given three minutes and an additional minute to rebuttal. Each speaker presented apt points to support their argument. The results were soon declared after the last speaker spoke. Shaurya Mehta bagged the best speaker award and I was the runner up. Saksham Khanduri won the most promising speaker's award. Overall the debate was a success and the children sitting in the audience learned a lot from it.

Suryansh Singh



Say Yes to Life

What comes to your mind when you hear words like drugs or alcohol? I for one, immediately associate them with words like dreary, spiteful, fatal and dangerous. The students of classes 8 and 10 attended a workshop conducted by the members of Jeevandaan Society, on the 10th of March, 2016.

The workshop started on a light note where we were asked questions which we were quite familiar with, like what we knew about drugs. Our answers to such questions were childlike, for we do not take it seriously. But as we were told more about drugs, all of us gradually understood the gravity of the workshop. We came to know that drugs were killing today's youth at an alarming rate.

Mr. Pant called upon a 16 year old boy, from his institute, who had been through the rehabilitation process. He shared his story with us. He described how he got into drugs due to peer pressure, how he started behaving, how he gave up going to school, how his parents had given up on him. Everyone present in that room was absolutely speechless. Drugs had completely destroyed his life. The horrifying part was that it could be anyone of us if we aren't careful. No one in this world could make you do something you don't want. So, your life is in your hands. Say no to addictions, say yes to an amazing life ahead of you.

Kavya Suri

Wings to STEM

STEM Lab sessions have been learning with fun. In the last session we were taught how to make interesting gadgets with the application of simple scientific principles. The students of class 8 did a session on parachutes. We learnt that parachutes were first used during World War 1 and proved very helpful to the pilots as they could save their lives. Making a parachute is not easy, which we soon found out. One has to cut a sheet into a circle but that is the easy part. The difficult part is tying the knots. They are so many of them and the points where they are tied should be opposite to each other or else the parachute won't work. After making the parachute we couldn't wait to try them out and so we went to the ground and threw the parachutes in the air and watched them float their way back to the ground. Like always STEM sessions improved our curiosity as we learned new things and it teaches us how to work in a team. As we silently went back to our class, we remembered all the STEM sessions and how we were taught something new each time.

Shaurya Mehta



Spin to Win

The Table Tennis Tournament held this year was an individual competition instead of a normal Inter House affair. The tournament this year will remain a memorable experience for me. I love sports and eagerly look forward to participating in them. What I really like about my school is the opportunity it gives to the students in the sports field unlike many other schools. It was simply a dream come true for me to compete in this TT tournament.

In the girls' category there were 8 competitors. My first match was against a very tough opponent, Manya. She is extremely good in sports and I dreaded the encounter with her. I held on to my nerves and sailed through but not without challenging moments. My confidence level was high and I was up against Ripandeep for my next match. I beat her in straight sets. I was in the finals and my clash was going to be against Sania. I went into the match with a positive frame of mind and I knew I had to give my best without being tensed about the results. Sania's smashes sent sweat trickling down my spine and my heart started thumping. I remembered my mother's advice to remain calm and breathe mindfully. After a gruelling battle of nerves I won the match.

I received a shining trophy which really increased my self esteem. My father was proud of my achievement and has decided to display the trophy in the living room.

Gaurica Chauhan

An Insight

ONGC is the highest profit making Central Public Sector Undertaking in India. ONGC stands for Oil and Natural Gas Corporation. If one has to learn about oil and its exploration what better place could one go to? Of course the ONGC which is right here in Dehradun. The students of class 7VII were taken to visit the museum at ONGC on the 3rd of March. We were greeted by a huge sign of the 'Supreme Sacrifice'.

Mr. Alex Mathuria, the head of the museum, received us and briefed us about the history of oil. There were many exciting things related to oil such as the discovery, importance and the future of oil. Something we found really interesting was the huge pendulum hanging up high which was moving continuously because of the magnetic force of a magnet placed below it.

The building which houses the Museum is also known as Patiala House. It was inaugurated by our former President, Dr. A.P.J. Abdul Kalam. It was an interesting visit where we got an opportunity to know something related to oil.

Manya Nautiyal



Knotted Colours

It was the Textile lesson of EVS that we were doing when Ma'am, Ms. Shweta Vij suggested we do something. We got white cotton T-shirts for Tie and Dye and white handkerchiefs for block printing. We mixed cold dye colours ourselves, it was like playing with Holi Colours. We were made to wear gloves. First our teacher taught us how to tie on the T-shirt by putting Kidney beans in them. Some of my knots were loose, so ma'am tightened them for me.

Once we had finished tying the knots it was time to put them in colour. We had a choice between two colours; one golden yellow and the other was maroon. I choose the golden yellow colour. After dipping it for 30 minutes we took the T-shirt out and then dipped it into the fixer for another 30 minutes. We hung the T-shirt to allow them to dry. The next day our t-shirts were ready, we untied the knots and had lovely designs. I wore my T-shirt and it looked very nice. I had fun doing this activity.

Aarav Malhotra





Bon Après Midi

Bon apres midi – (good afternoon) was held on the 8th of March, 2016. The purpose for the presentation was to create an ambience where elements of the French culture were put across to the school community.

The first thing which could dramatically change the environment was music. The students put up two French group songs which were ‘Bonjour’ and ‘Sur le Pont d’ Avignon’. This was followed by a solo performance by Amrita Manchanda called ‘Je suis un Homme’. The songs left us enthralled. The students danced to the song ‘Sur le Pont d’ Avignon’. The dance form was chosen to represent

the French culture. There were French student volunteers, Shaurya Mehta and Amrita Manchanda, who taught non French speaking students some basic etiquettes of French culture. This was followed a short French skit called the ‘French Charm’. There was special French Cheese offered to the staff. It was a mouth watering experience for the staff while we students kept salivating at the delicious sight.

The beautiful French afternoon will remain memorable for everyone. The success of Bon Après Midi goes to Mrs. Qadr Afza Ali Rizvi whose meticulous organisation made things seem so exciting and memorable.

Mizhgan Ali

Just You

A workshop was held for class 10, on 19th February, by Mr. Yash Dagli. His company ‘Just You’ conducts workshops for schools teaching students the importance of class 10 and how one should prepare effectively for the first board examination. He taught us the “300 days theory,” in which, in a year, 65 days could be kept aside as our holidays and the rest 300 days we study at least 1 hour of a subject consistently. He also told us to read through chapters that are about to be started in the class. That way we’ll have basic knowledge about what the chapter is about.

He made us realize how important it really is for us to be consistent with our studies because it will not be possible to cram up a year’s or two years’ syllabus of

all subjects in two months and expect to get amazing marks. I repeat, IT WILL NOT BE POSSIBLE! Some tips from the workshop are as follows.

1. Have an organized study routine and be consistent.
2. Go through the chapter right before it’s done in class.
3. Deadlines are closer than they appear so keep your focus on your aim, and ONLY ON YOUR AIM.
4. If you’re bored with a topic, keep it for later study and meanwhile study another.
5. Do not give into any sort of distractions, right now; your studies should be a priority.
6. Try following the 300 days theory

And

7. Believe you can do it!

Shreya Sharma

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