

>>> OCTOBER NEWSLETTER <<<

SHRI RAM CENTENNIAL SCHOOL

THE PINNACLE OF EDUCATIONAL EXCELLENCE



**NO. 1 DAY-CUM-BOARDING SCHOOL TITLE
AWARDED TO SRCS BY EDUCATION WORLD**



We are thrilled to announce that Shri Ram Centennial School has attained the prestigious position of being ranked as the top educational institution in Uttarakhand and Dehradun for the academic year 2023-24. This remarkable recognition was bestowed upon us by the esteemed Education World India School Rankings, affirming our status as the preeminent day-cum-boarding school in the region. At SRCS, we are unwavering in our commitment to pursuing excellence in both academic and co-curricular pursuits. Our unwavering dedication to fostering the holistic development of every student who walks through our institution's gates is the cornerstone of our educational philosophy. As epitomized by our school motto, we wholeheartedly believe in the principle of 'Learning for Tomorrow.' We extend our heartfelt congratulations to all those who have played a pivotal role in propelling our school to such remarkable heights.



STATE YOGASANA CHAMPIONSHIP

The 15th Uttarakhand State Yogasana Championship 2023, organized by the Yoga Association of Uttarakhand, was held at Parade Ground on October 8, 2023. In the Yogasana Category for girls aged 16-18, Aripa Roy displayed exceptional skill and secured the silver medal. In the Rhythmic Yoga Category for girls aged 8-18, Chaitanya Singh Bisht and Arshika Gupta demonstrated outstanding performances, earning them a well-deserved bronze medal. A remarkable highlight of the event was Aripa Roy's selection for the National level, signifying her talent and dedication in the field of yoga. This championship showcased the incredible talent within Uttarakhand and provided a platform for young yogis to shine on a national stage. Congratulations to all the participants for their commendable efforts and achievements.

WORLD TEACHER'S DAY



On World Teacher's Day, the students emphasized how teachers play a vital role in guiding students along the path of righteousness amidst the challenges they face as they grow. The day's spirit celebrated the educators who protect and nurture the students in their journey toward a virtuous life. The students in the assembly enacted through powerful emotions and showed how an entrapped student attacked by evil and pessimistic feelings such as ANGER, LIES, AGGRESSION, GREED, DECEIT, AND IGNORANCE is protected and improved by the guidance and light of his teacher. Without any words, and through moving dramatics, the message of the contemporary play was reflected. It elaborated on how teachers are the architects of human potential, helping students construct the foundations of their futures. Their role extends far beyond the classroom, influencing the very fabric of society and the advancement of humankind.



"Mental health is not a destination but it's a process...it's not about where you're going but it's about how your drive" said a wise man once. Taking care of our mental health is extremely important and becomes necessary at times as it not only impacts our thoughts, emotions and behaviour but also plays a very vital role in the functioning of the mind and body. To be aware about one's state of mind is an essential. To learn more about this, students from our school went to The Doon School on 10th October, 2023 to attend a mental health symposium session which was held specifically for all psychology enthusiasts. The session started off with a highly trained psychiatrist that gave the students a presentation on mental health specifically pointed towards students and teachers as well as parents. To educate students more about the topic, there were presentations by different schools present in the conference, about awareness towards mental health and the topic, which was the stigma surrounding mental health in our country. The students spoke from their personal experiences about how mental health should be the first and foremost priority, and how various schemes can be implemented so that everybody can have access to mental health care. The session ended with students having deeply learnt about the importance of the issue and fired up with a passionate spirit to break all the barriers surrounding mental health stigma, ready to raise awareness about it.



MENTAL HEALTH SYMPOSIUM SESSION AT THE DOON SCHOOL

DOODLE YOUR HEART OUT!



On the 15th of October, an event of artistic delight unfolded as the Rainbows enthusiastically engaged in a captivating doodle art session at SRCS. This activity offered a unique opportunity for our students to embark on a creative journey like no other. The atmosphere was charged with palpable excitement and joy as the students delved into this artful adventure. They were provided with a vast sheet, upon which they would soon unleash their boundless imagination. Armed with a palette of vibrant oil pastels, these budding artists transformed the blank sheet into a riot of colours, shapes, and patterns, all stemming from the depths of their creative minds. The doodle art session was not just a fun and creative endeavour; it was an opportunity for the students to explore their inner artist, to discover new talents, and to ignite a lifelong passion for the arts.



To tutor the borders of our school, the mathematics department recently conducted a dynamic workshop. The event aimed to enhance their mathematical skills and ignite a passion for the subject. The workshop featured engaging sessions on fundamental concepts, problem solving strategies and practical application of mathematics. They were exposed to interactive activities, real world scenarios and collaborative learning making mathematics both accessible and enjoyable. The significance of this initiative cannot be overstated, as it not only uplifts students but also highlights the department's commitment to inclusive education, ensuring that mathematics is a tool for progress and logical thinking.



WORKSHOP BY MATHEMATICS DEPARTMENT FOR BORDERS

HUNAR- POTTERY AND ART EXHIBITION



"HUNAR" an art and pottery exhibition, with the theme of abstract and realism, took place at Shri Ram Centennial School on September 30th. This exceptional event was a testament to the artistic prowess of our students, transforming our school into a mesmerizing gallery of creativity. It was a celebration of the diverse talents within our school community, featuring an extensive range of artistic expressions. Our students showcased their talents through a collection of mediums, from vibrant paintings that conveyed emotions and landscapes in captivating detail that seemed to come to life to captivating sculptures within the confines of the exhibition space.

As attendees strolled through the exhibition, they were treated to a vivid tapestry of colours, shapes, and textures, each artwork reflecting each student's hard work.

Beyond the artistic brilliance, Hunar fostered a sense of unity and appreciation within our school community. Students, teachers, and parents came together to acknowledge the hard work and dedication that went into each piece. The atmosphere was filled with admiration, encouragement, and inspiration, reinforcing the importance of creative expression within our school. It was a remarkable event that showcased the remarkable artistic talents within SRCS. It was a day of visual delight, where the creativity and passion of our students shone brilliantly while parents and teachers filled the atmosphere with support and appreciation, much needed for young artists. Hunar underscored that art is more than creating visually stunning pieces; it is about connecting, expressing, and sharing stories through the remarkable power of imagination and creativity.

"Fill your life with adventure, not things. Have stories to tell, not stuff to show"

Embracing this idea, our boarding students, accompanied by the teachers embarked on an expedition to Badhraj, a temple dedicated to Lord Balram, the elder brother of Lord Krishna. The adventurous journey commenced at the break of dawn with a spirited group comprising 23 boys, 5 girls, and 7 staff members. The trek commenced from Matogi village, covering a formidable distance of 21 kilometers, serving as a genuine test of their endurance. Each participant accepted the challenging endeavor and ultimately triumphed. A profound sense of accomplishment and tranquility enveloped the group as they took on the challenging trek with confidence. They found satisfaction in being directionally 'lost' in the best way possible. The spiritual atmosphere and the historical significance of the temple added a layer of depth to their adventure. The students and teachers took a moment for introspection, reflecting on the wisdom of filling their lives with experiences.



TRAIL TO BHADRAJ TEMPLE: A WEEKEND FULL OF FUN AND EXCITEMENT



DO'S AND DON'TS DURING AN EMERGENCY ACTIVITY

A safety drill-activity was conducted for the Rainbows in October to ensure their safety during the event of an earthquake. During this educational exercise, our prospective leaders were instructed on the important actions to take and avoid in order to ensure their safety in the event of earthquakes and fires. The rainbows were given hands-on experience and guidance on what to do and what not to do in these challenging situations. For earthquakes, they learned the importance of finding cover, taking shelter, and avoiding standing under heavy objects that might fall during the tremors. They were also educated on the significance of remaining calm and reassuring others, as panic can exacerbate the situation. The fundamental principle emphasized was that being prepared is essential for their safety and overall well-being. By instilling this principle in the young students, we are not only ensuring their safety but also empowering them to be responsible citizens who can help others in times of crisis.

CRICKET MATCH ORGANISED BY THE HERITAGE SCHOOL >>>

Shri Amit Ray once said, "Everyone has the fire but the champions know how to ignite it." On 6th October, our school went for a cricket match against St. Thomas college which was organised by the Heritage school. The cricket team of our school played exceedingly well and won with flying colours by 5 runs. The school's cricket team captain Pranav Aggarwal led the team to victory with guidance and support which was much needed from our coaches, Mr. Ivan Reddy and Mr. Sushil. The Heritage cricket tournament taught students, the value of playing with sincerity and integrity and playing well in the moment and not caring about what happens later. As it is well said, good things come for those who wait. The win was only possible because of hard work, effort needed, dedication and commitment to the sport. They went as novices with fiery sprits and came back as total champions with passionate souls, being an epitome of what Shri Amit Ray had said about the sport.



>>> Windlass Biotech Plant Field Trip

The science students from Classes 9 to 12 visited the Windlass Biotech Plant 3, a pharmaceutical establishment in Selaqui, on October 11 for a field trip. The field trip encouraged curiosity and compassion in the students towards pharmaceutical industries, preparation, and medicine distribution. The field trip provided practical knowledge to the students about how medicines are prepared carefully, sanitarily, and with the utmost precision. The students were required to go through multiple sanitation processes, known as "cross-over benches," while going around the building. The staff explained every step of the preparation of medicines, with peculiar detail, to harness the curiosity of these young individuals. The business aspect of such an industry was also explained to the students. The students and the pharmacists exchanged several questions to understand the establishment better.

<<< BASKETBALL CIGSE STATE CHAMPIONSHIP



Every year, basketball teams from all corners of the state come together for the ultimate showdown in the basketball state championship. It's a culmination of months of sweat, sacrifice and dedication. This event goes beyond the court, instilling values like teamwork and sportsmanship. In the U-17 category, three students of our school, Ashish Thakur, Md. Sameer, and Shaurya Chaprana participated in the Uttarakhand team, securing the silver medal, while in the U-19 category in which our students Aditya Raj Singh Tomar, Adibhav Aggarwal, Sarthak Bhandari, Shashwat Jaiswal, and Raghav Sharma participated, Uttarakhand secured the first place, bagging the gold medal. Sarthak Bhandari and Aditya Raj Singh Tomar are to represent SRCS at the Nationals in November. As the final buzzer of the match sounds, it reminds us that in the world of sports, and in life, hard work, dedication, and the pursuit of excellence always lead to the thrill of victory.

>>> TEACHERS SATURDAY WORKSHOP

Saturdays in SRCS, aid self evaluation and critical thinking as they are utilised by our dedicated teachers to delve into discussions and collaborative learning. One such Saturday was well spent, when teachers got together in teams of two, three and four for presentation on the following topics;

1. Innovative teaching methods
2. Creating inclusive classrooms
3. Fostering a positive learning environment.

It was an informative ,brain storming session of intellectual minds, where ideas were exchanged and views were shared with buoyant spirits.



INTER SCHOOL ART & CRAFT AND DEBATE COMPETITION AT TONSBRIDGE FEST

The students of SRCS have left an enduring impact at the Tonsbridge School Fest, where their outstanding talents shone brightly, and their unwavering commitment to excellence was unmistakable in the multitude of trophies and certificates they brought home. Their remarkable achievements underscore the dedication and passion that these young individuals have exhibited on their journey to success. We take immense pride in not only the awards they have received but also in the skills they have demonstrated throughout the festival. These students have not only showcased their talents but have also set an inspiring example for their peers and the entire school community. Their success at the Tonsbridge School Fest reflects their resilience and unwavering spirit. As we celebrate their achievements, we look forward to continued excellence and more outstanding accomplishments from our young stars in the future. The prizes distributed are as follows:

1st Place:

Dupatta Painting: Ananya Chauhan and Erika Sitha

Collage Making: Taranpreet Kaur and Adya Singh

Fruit Carving: Adhvik Khatri

English Solo Song: Adya Singh

2nd Place:

Dupatta Painting: Yamini Semwal and Debanjan Shyamal

Fruit Carving: Dipanshu Shekhar

Hindi Kavya Sanchayan: Namya Mahto and Bhavya Soni

3rd Place:

Heena/Mehendi Application: Pritika Rawat and Siddhi Khurana

Pot/Vase Painting: Aarika Prajapati and Aadhya Mehta
- Adya Singh



INTER-HOUSE MODEL UNITED NATIONS (MUN)

The science students from Classes 9 to 12 visited the Windlass Biotech Plant 3, a pharmaceutical establishment in Selaqui, on October 11 for a field trip. The field trip encouraged curiosity and compassion in the students towards pharmaceutical industries, preparation, and medicine distribution. The field trip provided practical knowleMUN provides students with a platform to develop their diplomatic skills, including negotiation, persuasion, and consensus-building. It also hones their public speaking and debating abilities. Our Inter-house MUN event was a remarkable gathering that brought together over 40 enthusiastic students. During this event, the students skilfully harnessed their diplomatic awareness and expertise to confront and engage with some of the most urgent and complex issues on the global stage. The topics they addressed ranged from the nuanced complexities of India's free speech landscape to the formidable challenges posed by non-state actors in the tumultuous regions of the Middle East and Afghanistan. In essence, the participants exhibited a profound commitment to exploring and comprehending the intricate dynamics of international affairs. They demonstrated a keen interest in the pressing matters that affect our world, and their deep dive into these subjects exemplified their dedication to global awareness and diplomacy. It was an educational and personal development opportunity that equipped students with essential life skills.

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