



~ A COLLABORATIVE CO-CREATION ~
SRCS JUNE 2021

Dear readers,

Avicii once rightly said, "One day you'll leave this world behind so live a life you will remember."

My take to life is a little different from the usual. Some people call it a race or a journey where you need to reach the finish line or complete your purpose.

Up until last month I believed in this very chronology. You're born with the grace of God into a financially stable, supportive family. You spend on an average 5 to 14 years educating yourself – country specific – then the whole career and job muddle, family planning.

For me life is an opportunity, or rather a series of opportunities. I don't believe in destiny. I believe you're the author of your own story. Sounds a little cliché, doesn't it?

I believe there's a blank page pulled out the second you open your eyes and start shrieking in that hospital room, the first few chapters written with the aid of families, friends and education systems.

And then finally, one prestigious day, the baton, the pen is passed on to you. So, you could either write a best seller that blows all stereotypes and standardised norms out of proportion, or you could stick to writing a bunch of pages usually stuffed in the storeroom of a bookstore for the fear of being shut down because of failed sales.

I believe that if I have this pen in my hands, I get to choose my supporting characters, the setting, the theme, the climax (spoken like a true student of literature).

My ideas for this book, for life...I don't know yet. I recently started writing a chapter with a whole bunch of strangers and an alien ground. And as it all unfolds in front of me, it excites me. Reading my manuscript exhilarates me.

So let the pages turn one at a time. Have faith in the flick of your wrist as it curves with every word, every letter. And at the end of a chapter...know you're a step closer to your own best seller.

I hope you have a good time reading this edition of The Delonix put together by our newly selected team of skilled editors. Thank you, until next time.

~ Editorial Board

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A Few Words from Our Captains



Despite it being the boisterous and lively time of summer, the school has suffered a great loss and we all grieve together. The student council was appointed on the 28th of May, and I be lying if I say that the members are not working for most of their vacations in order to complete responsibilities which give us the utmost sense of achievement and fulfillment. I am particularly very proud of the editorial team for having started The Delonix. They have been arranging and curating everything themselves. Whether it is articles or recommendations for designs, I haven't found them lacking yet. The event management team has a lot in store in terms of inter-house as well as inter-school competitions. I find myself hopeful enough to say that the lockdown boredom of the academic year 2020 shall not repeat itself. Together, the council is pondering a variety of events to eradicate the dull aspect of attending school from home. We work on creating a pavement for future councils to build roads on, and for this opportunity we thank the management, Sir, Neena ma'am, all faculty members, and everyone who thought we were worthy of our positions; we are eternally grateful for your faith and support. The student body holds great value for us, as it is what gives us the platform and the ability to be able to work and bring about change. I hope everyone had a great and productive summer holiday. I look forward to your participation in various activities that are up and coming.

~ Nandika Sharma

I am privileged to have a chance to feature in the new student-led SRCS publication, The Delonix. It is a great initiative that the editorial team has begun. That is one of the first steps towards the ideals that the council aims to instil in every member of the SRCS family. I've yearned for consistency and order since I was a child, and the pursuit is never-ending. What I realised as I grew older is that a little consistency and order could not be achieved in a day, let alone years. It's a pursuit started by one and carried by another, and that's what a legacy is. The pursuit of order and the specks of beauty it brings with it. When I was in grade 7, I used to criticise the school council and I was fairly irritated by the wrong numbers. I would get infuriated by the fact that one class has an odd number of prefects handling the class and some even. A childish conflict sets up the idea of having everything in a systematic and clean order. Those childish odd-even tantrums in my mind gave me the idea of creating a legacy of a system that is carried on by the successors of the creators. Not creators, but the foundations, because a system is never completely created. Every new generation adds to it, reduces it and makes it better. All the leaders who came before me worked tirelessly to establish a leadership system at the school, which my council and I will build on. But our work is in vain without the support and togetherness of the SRCS family, the students, the teachers, the management and everyone who is a part of the development of our school.

~ Arunav Ganguly

Eminent People Born In June

A very happy birthday to all the people born in this summer month.
Are you guys ready to find your birthday twin?



Marilyn Monroe (1 June 1926)
*"Imperfection is beauty, madness is genius.
It's better to be absolutely ridiculous than
absolutely boring."*



Nargis (1 June 1929)
*"Insaaf karte waqt har dusre rishte ko
bhool jaana padta hai."*



Angelina Jolie (4 June 1975)
*"If you don't get out of the box you've been raised
in, you won't understand how much bigger the
world is."*



Bankim Chandra Chatterjee (27 June 1838)
*"Women are the crowning excellence of God's
creation... The woman is light, man is shadow."*



Elon Musk (28 June 1971)
*"When something is important enough, you
do it even if the odds are not in your favor."*



Anne Frank (12 June 1929)
*"We all live with the objective of being happy;
our lives are all different and yet the same."*

Books to Add to Your Shelf

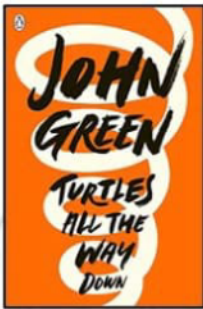
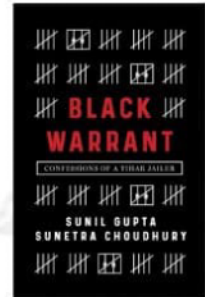


The Hate You Give – Angie Thomas:

The Hate You Give is inspired by the Black Lives Matter movement and is about sixteen-year-old Starr and how she is stuck between the poor community she lives in and the affluent prep school she attends. Balancing her life becomes harder when her childhood best friend is shot dead in front of her. The book deals with racism and police brutality in America.

Black Warrant – Sunil Gupta and Sunetra Choudhary:

Mr. Sunil Gupta's experiences as a Tihar jailer are depicted in the nonfiction novel Black Warrant. The book opens up the closed world of Tihar jail, which cannot be seen by many commoners. It discusses India's judicial and criminal justice systems, as well as prison corruption. It is a perfect read to keep you on the edge of your seat.

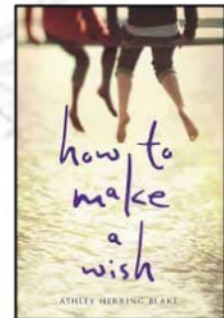


Turtles all the way Down – John Green:

Turtles all the way down is about Aza, who struggles with anxiety and OCD. She tries to be a good student and daughter, but her anxiety makes it harder for her. She and her friend Daisy decided to investigate the disappearance of the billionaire, Russell Pickett, whose son, Davis, was an old friend of Aza. The book very accurately portrays the thinking of a teenager and also shows how to tackle anxiety.

How to Make a Wish – Ashley Herring Blake:

How to make a wish is an emotional contemporary with a complicated mother daughter relationship. It also shows the journey of the protagonist finding her true self. It is a wonderful read for Pride month.



~ Sarah Kesar

WORD POWER*:

Choose the correct meaning of the following words from the given options.

1. Cacophony (kuh-**kaw**-fuh-nee)
(a.) pleasant melody; (b.) harsh melody of sounds; (c.) musical notes
2. Penury (**peh**-nyoo-ree)
(a.) extreme poverty; (b.) affluence; (c.) bourgeoisie
3. Ephemeral (uh-**feh**-muh-ruhl)
(a.) eternal; (b.) death (c.) short lived
4. Ubiquity (yoo-**bi**-kvuh-tee)
(a.) uniqueness; (b.) beauty; (c.) common

*You can send the answers in at editorialatsrcs@gmail.com
The winner will receive a mention in our next issue!

IT'S TIME FOR A ✨MENTAL✨ GLOW-UP!

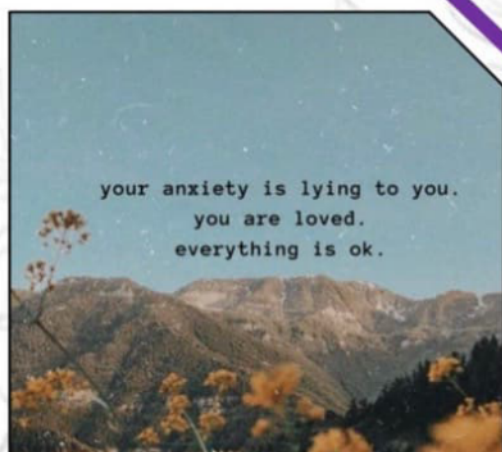
I have been in a mentally exhausting trance for some days now. My routine consisted of mindlessly scrolling through social media for hours. In doing that, I saw a video that said, "Everybody's going through tough times... Been there done that." This made me question reality. I realized that I was just wasting my time and ruining my mental health. So, I decided it was time for me to have a glow-up, but this time, mentally. So here are some ways you can do it too:

STARTING POINT

Step 1:

1. Start the day with gratitude. You could get yourself a book, Tiny Buddha's Gratitude Journal, which helps you write about things you are grateful for!
2. Get out of your comfort zone. Own that confidence.
3. Create a chore chart. It will help you get rid of that foggy mind.
4. Curate a to-do list that will help organize your day.
5. Schedule your breaks. Remember, you are HUMAN. Don't lead yourself to a burn-out.
6. Have a self-care program. From watching Netflix to skincare, do things that will make you feel good.

*Wake up with
determination.
Go to bed with
satisfaction*



Step 2:

1. Have a clean space. Clean spaces = clean minds.
2. Get plenty of water. It increases brain function, bodily function, mood and energy levels.
3. Find yourself a new hobby that doesn't really involve social media.
4. Incorporate movement into your day-to-day lifestyle. workout or a walk or even crazy dancing... Just Move!
5. Listen to motivational podcasts or music and set the vibe.
6. Add lots of fruits and vegetables to your diet. Start your day with a smoothie and replace carbonated drinks with juice.

Step 3:

1. Start journaling. Write down your thoughts and dreams and all the emotions that cloud your mind throughout the day.
2. Learn to be present in the moment. Enjoy it rather than worrying about the future.
3. Change your inner dialogue. Replace your negative thoughts with positive affirmations.
4. Surround yourself with people who bring out the best in you.
5. Align yourself with your long-term affirmations.
6. LOVE YOURSELF for who you are. Do not lose yourself in this process.

**STAY
POSITIVE**

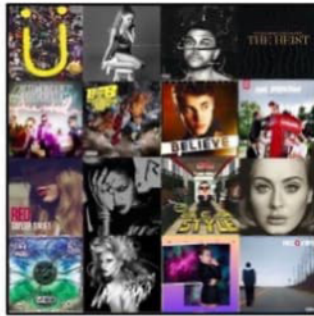
CONGRATULATIONS!! You made it to the finish line. You now have a **productive mind**, leading you to **happiness**, **elevated self-esteem**, and a bundle of **self-love**!

~ Swastikaa Khanna

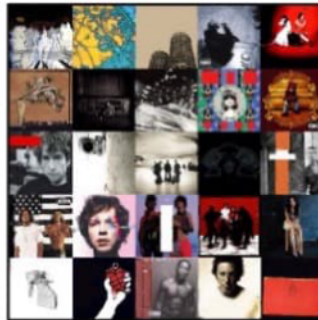
Click the pictures for a hyperlink to the playlists

My Playlist

2010-2021



The 2000s



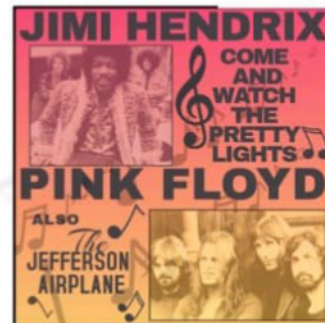
The 90s



The 80s



The 70s



~ Compiled by:
Ramneek Singh
Harshvardhan Bhatt
Swastikaa Khanna

My List

A tribute to the Flying Sikh, may you rest in peace Sir...



Bhaag Milkha Bhaag (12+)

The film chronicles Milkha Singh, aka 'The Flying Sikh's' incredible struggle – from being an orphan to becoming one of India's greatest athletes.



Hachi: A Dog's Tale (9+)

A professor finds an abandoned dog and takes him home. Over a period, he forms an unbreakable bond with the dog.



Luca (6+)

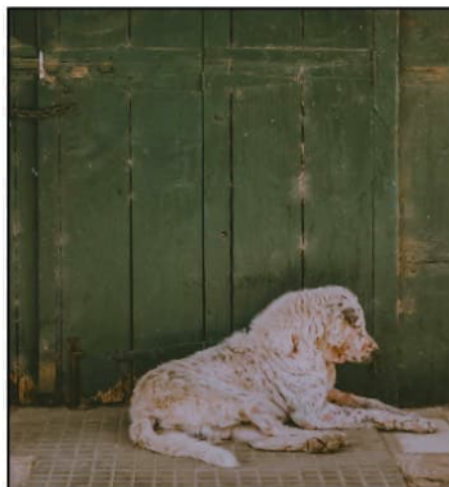
Set in a beautiful seaside town on the Italian Riviera, the movie is a coming-of-age story about one young boy, with his newfound best friend, an unforgettable summer filled with gelato, pasta and endless scooter rides, but with a secret: he is a sea monster from another world!



Fatherhood (13+)

Starring Kevin Hart, the movie is about a widowed dad who copes with doubts, fears, heartache and dirty diapers as he sets out to raise his daughter on his own. Inspired by a true story

The Gallery



Photographs by: Jasneek Singh and Aryan Singh

WORD SEARCH* & TONGUE TWISTERS

Q E V J R H Y T L Z P F B I K I N G X S
W D C S E M A G N S U O S H S K O O B C
F A O I C E C R E A M T O V E P I J Z I
X N T B K G W L P H R Q E L R U T D R N
P O T E L O C S M A N B Y L I M A F E C
U M A V R I Z D W J G S R O F Q C X L I
C E G N S M O B R I Y N G T N H A S K P
H L E P F U E Q D L M C I Z O J V G N W
N I O T M R E L A X O M Y L B S N E I D
G P K Z R A J K O B H V I W E I Q F R A
S T M I X E C Y A N L D H N D V C O P U
D K E Q N O F R Z Q A J W A G B A H S G
N S L A M G B V E Y C A E X I D M R Z U
E J E M H E T C S M F R Q K T A P W T S
I D A L C S E I R O M E M R A Y I B N T
R H J U Z W T M A K B U I C V L N Q E X
F B E G A Z N S T R O P S D U R G L Y M
V A K R B X U W Q H S G N I E O N A C L
M G Y L U J D P S E N Z B E A C H I F R

Did you know that tongue twisters make some of the best stories? for example...

Betty bought a bit of butter, but the bit of butter betty bought was bitter, so betty bought some more butter to make the bit of bitter butter better.

Or something like
Susie works in a shoeshine shop. Where she shines, she sits and where she sits, she shines.

Some tongue twisters don't make sense at all...

पके पेड़ पर पका पपीता, पका पेड़ या पका पपीता

and the one and only-

कच्चा पापड़, पक्का पापड़

AUGUST
BARBECUE
BEACH
BIKING
BONFIRES
BOOKS
CAMPING
CANOEING
COTTAGE
FAMILY
FRIENDS
GAMES
HAMMOCK
HIKING
HOLIDAYS
ICE CREAM
JULY

LAKE
LEMONADE
MEMORIES
PICNICS
POOL
POPSICLES
PUZZLES
READING
RELAX
ROAD TRIPS
SPRINKLER
STRAWBERRIES
SUMMER CAMP
SWIMMING
TRAVELING
VACATION
WATERMELON

*You can send the answers in at editorialatsrcs@gmail.com
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RECIPE TO TRY THIS WEEKEND

Watermelon Punch

With the temperatures rising there is no better drink to cool off with than a fresh watermelon punch!



INGREDIENTS:

1. 2 cups watermelon
2. 2 tbsp mint/pudina
3. 2 tbsp lemon juice
4. $\frac{1}{4}$ tsp black pepper powder
5. 1 tbsp sugar



METHODS:

1. Chop the watermelon into small pieces and deseed them. Any seeds could make the drink taste bitter.
2. Put the watermelon pieces, mint, lemon juice, black pepper powder and sugar into a blender and mix them well.
3. Add crushed ice to your glass.
4. Pour the watermelon mixture.
5. Garnish your drink with a sprig of mint and a slice of lemon.
6. Voila! You have yourself a tasty, nutrition-packed punch.

~ Chitrakshi Malhotra

RIDDLES*

1. You heard me before, yet you hear me again. Then I die, till you call me again.
2. Forward its heavy, backward it's not. What is it?
3. Before Mount Everest was discovered, what was the highest mountain on Earth?



~ Ira Jagtap

*You can send the answers in at editorialatsrcs@gmail.com
The winner will receive a mention in our next issue!

Online Courses to Complete this Summer

With summer and lockdown in full swing, students can help fill the long, hot summer days by learning about new areas from the comfort of their homes.

All the mentioned courses are free and are curated for students with little to no prior experience in their respective fields. Clicking on the pictures will lead you to their respective websites.



The Smithsonian:
Join comic book industry legend Stan Lee in this self-paced course

to explore the history of the comic book and the rise of superheroes.

Introduction to Music Theory
with George W. Russell Jr.

provided with an engaging and straightforward approach.

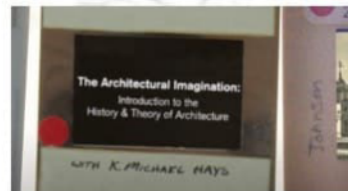
Berkley:

Your ultimate guide to learning the fundamentals of music theory,



Harvard:
Top chefs and Harvard researchers explore how everyday cooking

and haute cuisine can illuminate basic principles in physics and engineering.



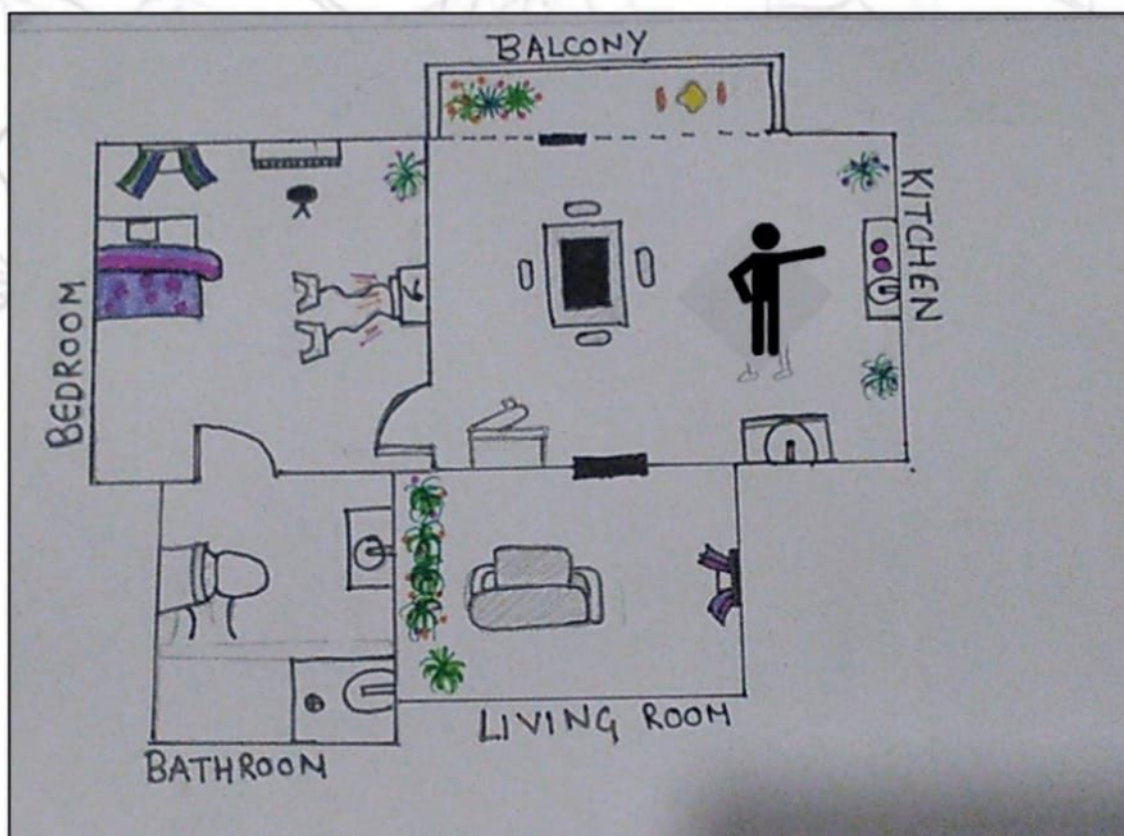
Harvard:

Learn fundamental principles of architecture as an academic subject or

a professional career – from a study of history's important buildings.

~ Maira Nawani

POA for this Year's Break



With rumors of the third wave floating around, we thought we would share a map of some potential holiday destinations to be visited during Lockdown 3.0.

For various activities to occupy yourself with d these times, please check out the article '35 Things to do During Lockdown 2.0' in our previous edition. Stay at home, be safe and encourage your family and friends to get vaccinated as soon as possible!!

~ Arshiya Kulchand

This edition is in loving memory of respected Basil Sir...



...You'll forever remain in our hearts and minds.

Caged Un-caged

I dart, I swim, across the vast, expansive sky.
Unfettered, unbound in joyous flights, uttering
rapturous renditions reverberating through the ethereal
skies which are unconfined and in unending strains.

The mountains and vales, the hills and dales,
the glens and dunes, the basins and the canyons,
home to my un-caged and carefree life.

I sail across them dexterously, because I'm un-caged and free.

I see some of my fellow brethren in my homeland who caged and
confined, they are incarcerated and barred, fenced and cooped.

The mountains and vales, the hills and dales
are but distant dreams, for they are caged, cloggy and foggy.

They feel no rhapsody, no ecstasy, no exhilaration.
They live in despondency, and downright depression.
Their desolation and despair, know no way, to repair
as they live caged, enslaved and subservient.

Darkness engulfs, envelops and swallows,
the fettered chains dim their brains. They crawl, no flight, no fantasy,
diminutive, stunted, dwarfed, nanoscopic, they seem
cause they're caged, confined and castigated.

When will their fettered chains and cages be obliterated?
When will the heavenly glow fill their hearts with
rejuvenation, to smell that freshness of air, souls emancipated?
Yeah, it will happen- when the 'cage is un-caged'.

~ Mr. Desmond D'Monte

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