

Mess Menu for April - September 2024

Day	Breakfast	Snack break (Residential & Day Boarders)	Lunch (Residential & Day Boarders)	Evening Fruit (Residenti al & Day Boarders)	Evening Tea	Dinner	Night Milk
Monday	Chocos, Bournvita Milk, Plain Milk(Hot, Cold), Puri Aloo, Boiled Egg(2), Plain Toast, Butter, Jam, Peanut Butter, Seasonal fruits	Vada pav, Orange squash	Arhar daal, Mix veg., Boondi raita, Chapati, Rice, Brownie	Seasonal Fruit	Maggi, Orange Tang	Kashmiri Dum Aloo, Tawa Chicken, Chapati, Sabut Masoor, Gulab jamun, Mixed Salad, Onion & Tomato Raita	Bournvita Milk
Tuesday	Plain Cornflakes, Bournvita Milk, Plain Milk(Hot, Cold), Aloo Paratha, Dahi, Seasonal fruits, Pickle	Red sauce Pasta, Lemon Squash	Kadhi pakora, jeera aloo chapati, rice, gulab jamun	Seasonal Fruit	Spring Rolls, Nimbu paani	Dhaba Style Paneer, Arhar Dal, Chapatis, Eggless Pineapple Pastry, Onion Rings, Boondi Raita	Bournvita Milk
Wednesday	Bournvita Milk, Plain Milk(Hot, Cold), Chocos, French Toast, Seasonal fruits, Daal puri, Green chutney, Aloo Tamatar Curry, Heeng Dahi	Patties, Mango squash	Rajma, Matar paneer, Chapati, Rice, Cucumber raita, Onion ring salad, Phirni	Seasonal Fruit	Plain French fries, Cold Coffee	Rogan Josh, Kadai Paneer, Chapatis, Mixed Salad, Choco Lava Muffin, Mixed daal, Cucumber Raita	Bournvita Milk
Thursday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Seasonal fruits, Dahi, Pickle, Paneer Paratha, Porridge	Poha, Nimbu paani	Chole puri, Methi aloo, Rice, Boondi raita, Ladoo, Salad, Papad	Seasonal Fruit	Soya Veg Kathi Roll, Nimbu paani	Seasonal veg, Moong Daal, Chapatis, green salad, Jalebi, Onion & Tomato Raita	Bournvita Milk
Friday	Bournvita Milk, Plain Milk(Hot, Cold), Chocos, Seasonal fruits, plain Paratha, Egg bhurji, Paneer Bhurji, Plain Toast, Butter, Peanut Butter	Aloo paratha, Aam panna	Veg Fried Rice, Noodles, Veg Manchurian, Fruit Cream Custard	Seasonal Fruit	Steamed Momos (6 Pcs.), Lemon Tang	Amritsari Murgh, Seasonal vegetable, Arhar Dal, Chapatis, Shahi kheer, Mixed Salad, Boondi Raita	Bournvita Milk
Saturday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Seasonal fruits, Veg Uttapam, Sambhar, Plain Toast, Peanut Butter, Jam, Omelet with veggies	Samosa, Litchi squash	Pav Bhaji, Onion salad, Moong daal halwa	Seasonal Fruit	TUCK	Seasonal Veg, chana daal, Chapatis, Jalebi, Cucumber Raita	Bournvita Milk
Sunday	Bournvita Milk, Plain Milk(Hot, Cold),	N.A.	Green chutney, Spicy	Seasonal	Chowmein	Rajma, Rice, Dahi bada, Chapati,	Bournvita

	Plain Cornflakes, Chilli, Paneer Grilled Toast, Chilli Chicken Grilled Toast, Macaroni		chicken curry, Paneer Afghani, Daal Malka, Butter Naan, Tandoori Roti, Onion Rings, Onion & Tomato Raita, Pastry	Fruit	, Mango/ Chocolate Shake	salad, Ice cream	Milk
Monday	Bournvita Milk, Plain Milk(Hot, Cold), Chocos, Seasonal fruits, besan chilla, Soya chunks, Plain toast, Butter & Jam	Bread roll, Orange squash	Sabut Masoor, Baingan bharta, Boondi raita, Plain Rice, Chapati, pastries, salad	Seasonal Fruit	Maggi, Orange Tang	Homestyle Chicken, Karahi Paneer, Chana lauki daal, Chapatis, Brownies, Mixed Salad, Boondi Raita	Bournvita Milk
Tuesday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Pickle, Aloo Paratha, Seasonal fruits, Dahi	Chana chaat, Lemon Squash	Dal makhni, aloo latpata, Onion & Tomato raita, Jeera Rice, Chapati, gulab jamun, salad	Seasonal Fruit	Grilled vegetable sandwich, Cold Coffee	Paneer Butter Masala, Urad Dal, Chapatis, Gulab Jamun, Salad, Cucumber Raita	Bournvita Milk
Wednesday	Bournvita Milk, Plain Milk(Hot, Cold), Chocos, Seasonal fruits, plain paratha, Green chutney, Aloo Tamatar Curry, Heeng Dahi	Besan chilla, Mango squash	Daal Bukhara, Soya Keema Matar, Jeera Rice, Chapati, Onion ring salad, cucumber raita, pickle, Balu shahi	Seasonal Fruit	Soya Veg Kathi Roll, Mango Shake	Mutton Korma, Methi Malai paneer, Chapatis, Salad, Sevain, Onion & Tomato Raita	Bournvita Milk
Thursday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Seasonal fruits, Dahi, Pickle, Ajwain Paratha	Bread Pakora, Orange squash	Dhaba Style Paneer, Mix Dal, Jeera Rice, Chapati, Boondi Raita, Rice Kheer	Seasonal Fruit	Spring Rolls, Nimbu paani	Matar Mushroom, Onion Tomato Sabji, Amritsari Dal, Chapatis, Jalebi, Mixed Salad, Boondi Raita	Bournvita Milk
Friday	Bournvita Milk, Plain Milk(Hot, Cold), Chocos, Seasonal fruits, Plain Paratha, Paneer Bhurji, Egg Bhurji	Onion paratha, lemon squash	Sambhar, Idli, Lemon Rice, Coconut Chutney, Moong Daal Halwa	Seasonal Fruit	Momosn (6 Pcs.), Mango Tang	Chicken Chettinad, Paneer Kolhapuri, Masoor Dal, Chapatis, Onion Rings, Pineapple Pastry, Cucumber Raita	Bournvita Milk
Saturday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Seasonal fruits, Pav Bhaji, Half Fried Egg	Samosa, Aam panna	Aloo matar, chana daal, Rice, Chapati, Cucumber Raita, Papad, salad, Suji halwa, Salad	Seasonal Fruit	TUCK	Chicken Masala, Paneer Masala, Dal Tadka, Chapatis, Choco Lava Cake, Onion & Tomato Raita	Bournvita Milk
Sunday	Bournvita Milk, Plain Milk(Hot, Cold), Plain Cornflakes, Chilli, Paneer Grilled Toast, Chilli Chicken Grilled Toast, Macaroni	Patties, orange squash	Kala chana, seasonal veg, Rice, Chapati, Sweet Lassi, salad	Seasonal Fruit	Veg pakora, Orange Tang	Chicken Masala, Paneer Tikka Butter Masala, Dal Makhani, Chapati, Ice cream, Onion Rings, Boondi Raita	Bournvita Milk